

Appetizers

- Chicken Satay (*)** **\$15**
Yogurt-Marinated Chicken Skewers with Cucumber Salad & House-Made Organic Peanut Sauce
- Nachos (*)** **\$15** | Steak or Chicken **\$18**
Organic Blue Corn Tortilla Chips with Black Beans, Melted Cheese, Sour Cream, Salsa & Guacamole
- Steamed Clams & Mussels (*)** **\$18**
Red Curry Coconut Broth or White Wine Garlic Butter Sauce Clams Only **\$20**
- Chips & Guacamole (*)** **\$12**
Organic Blue Corn Tortilla Chips, Fresh Guacamole & Fresh Salsa
- Soup of the Day or Our Award-Winning Clam Chowder** Cup **\$7** | Bowl **\$11**
Served with Fresh Bread

Salads

- Soup & Salad** **\$16**
Your choice of a Bowl of Clam Chowder or Soup of the Day served with a Green or Caesar Salad
- Big River Salad (*)** **\$14** | Chicken, Fish or Tofu **\$18** | Crab Cake **\$24**
Mixed Greens with Seasonal Vegetables & choice of Gorgonzola Dressing, Mendocino Mustard Dressing, *Balsamic & Olive Oil or *Lime Vinaigrette
- Vietnamese Salad (*)** **\$16** | Chicken or Tofu **\$19** | Prawns **\$23**
Napa Cabbage, Carrots, Basil, Cilantro, Mint, Bean Thread Noodles, Peanuts, & Vietnamese Dressing
- Classic Caesar Salad** **\$15** | Chicken **\$18** | Crab Cake or Prawns **\$24**
Romaine Hearts with Garlic Croutons & Parmesan in our Caesar Dressing
- Hot Thai Salad (*)** **\$17** | Rock Shrimp **\$20**
Chicken, Beef or Tofu in our Hot Thai Dressing over a Large Green Salad
- Ahi Salad** **\$23**
Seared Tuna, Buckwheat Soba Noodles, Cabbage, Marinated Cucumbers, Sesame-Ginger Dressing

Sandwiches

*On your choice of Whole Grain Bread or a French Roll; Served with Fingerling Potato Salad or Cup of Soup of the Day
Substitute Green Salad or Cup of Clam Chowder \$3*

- Crab Cake Sandwich** **\$23**
Fresh Crab Cake with Tartar Sauce & Cabbage
- Café Burger** **\$16**
Grilled Covelo (Local) Beef add Mushrooms or Bacon **\$18**
with your choice White Cheddar & Jack, Gorgonzola or Gruyere
- Chicken Sandwich** **\$16**
Grilled Free-Range Chicken Breast with Pesto, Gruyere & Aioli
- Blackened Rockfish Sandwich** **\$17**
Local Fillet, Cajun Spices, Tartar Sauce
- Steak & Brie Melt or Philly Cheesesteak** **\$17**
Steak & Brie Served with Caramelized Onions & Horseradish Cream
Traditional Cheesesteak Served with Aioli

Entrées

Thai Burrito		\$18
Large Flour Tortilla stuffed with Chicken, Beef, Shrimp or Tofu, Organic Brown Rice, Vegetables in Housemade Peanut Sauce with Café Sweet Thai Chili Sauce on the side		
Huevos Rancheros		\$16
Two Eggs, Corn Tortillas, Black beans, Mojado Sauce, Melted Cheese, Sour Cream & Guacamole	add Bacon	\$18
Chili Verde Plate OR Burrito		\$18
Slow Roasted Pork Loin Simmered in a Green Chili Sauce, topped with Sour Cream. Served with Black Beans, Brown Rice & Corn Tortillas, OR Served Wrapped in a large flour tortilla with Black Beans on the side		
Café Burrito Mojado		\$16
Chicken, Beef or Veggies with melted Cheese, Black Beans & Rice in a Flour Tortilla	Rock Shrimp	\$19
Topped with Mojado Sauce, Sour Cream & Guacamole		
Breakfast Burrito		\$18
Soyrizo or Roundman's Smoked Bacon, Eggs & Melted Cheese in a Flour Tortilla		
Topped with Guacamole & Sour Cream, served with Black Beans		
Quesadilla		\$17
Chicken, Beef or Veggies with melted Cheese in Flour or Corn Tortillas	Rock Shrimp	\$19
Served with Salsa, Guacamole & Sour Cream		
Tostada		\$18
Crispy Corn Tortilla Shell filled with Black Beans, Brown Rice and Sautéed Chicken, Beef or Tofu		
Topped with melted Jack & White Cheddar Cheeses & a dollop of Guacamole & Sour Cream		
Served over a large Organic Garden Salad with your choice of Dressing	Blackened Rock Shrimp	\$22
Fish Tacos		\$18
Organic Corn Tortillas with Cajun Spiced Local Rock Fish & Cabbage Slaw		
Served with Guacamole, Salsa, Black Beans & Brown Rice		
Seafood Fettuccine		\$27
Clams, Mussels, Rock Shrimp, Cherry Tomatoes, Basil & Garlic in a Cajun Cream Sauce		
Healing Bowl (*)		\$18
Soba Noodles in a Red Miso Broth with Kale, Shiitake Mushrooms	Rock Shrimp	\$21
Choice of Chicken, Beef or Tofu		
Thai Fire Pot (*)		\$19
Red Curry Broth (or substitute *Garlic-Ginger-Chili Broth) Organic Vegetables	Rock Shrimp	\$22
Choice of Chicken, Beef or Tofu Served with Choice of Brown Rice or Bean Thread Noodles		
Stout-Braised Pot Roast		\$24
Covelo Beef with Carrots, Mushrooms, Fingerling Potatoes & Horseradish Cream		
Asian Stir Fry		\$18
Chicken, Beef or Tofu with Zucchini, Yellow Squash,	Rock Shrimp	\$21
Carrots, Snap Peas, Ginger & Garlic		
Served in a Hoisin-Bean Sauce with Soba Buckwheat Noodles or Organic Brown Rice		

We support the health of our planet and our customers by using local, organic produce, free-range chicken, grass-fed, local meats, hormone-free dairy and wild-harvested seafood. Please note: an asterisk (*) indicates gluten-free choices.